

# Fun & Fitness Exploration!

Dear Childswork Family,

Childswork is very pleased to announce a new enrichment program to be offered this September (contingent on adequate enrollment). This class will provide an opportunity for students ages **four (by September 1<sup>st</sup>, 2011) and up** to develop basic competency in fundamental motor skills for games, sports and physical activity.

Sally Bartle-Rupp and Susi Daugherty will teach this class. Sally and Susi currently teach morning preschool.

Class will be available Wednesday afternoons 1:00-3:00 p.m.

## Curriculum Components:

Introduction to beginning sports skills. Develop basic movements, balance hand-eye coordination, teamwork, fundamental skills and sportsmanship while having fun!

Introducing developmentally appropriate health and nutrition concepts.

Daily schedule may include:

- ❖ Group meeting times to introduce activity/skill of the day
- ❖ Sharing and relating experiences surrounding activities and skills
- ❖ Movement and large motor activities
- ❖ Healthy living concepts
- ❖ Story

Activities may include:

- ❖ Soccer
- ❖ Broom Ball
- ❖ Yoga
- ❖ Parachute games
- ❖ Relays
- ❖ Basketball
- ❖ Kickball
- ❖ Jump rope
- ❖ Balance beam
- ❖ Tumbling
- ❖ And more!!!!

## Program Details:

### There will be three sessions:

If you want your child to attend all three sessions, please sign up for all of them at the beginning of the year. Your child will not be enrolled in subsequent classes unless you indicate on the registration form you want to be in the following terms(s).

- **Fall Session**                      Wednesday              September 28<sup>th</sup> through December 14<sup>th</sup>
  - **Winter Session**                      Wednesday              January 4<sup>th</sup> through March 21<sup>st</sup>
  - **Spring Session**                      Wednesday              April 4<sup>th</sup> through June 6<sup>th</sup>
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### Tuition:

- **Fall Session**                      Wednesday              1:00-3:00 p.m. (12 days)  
\$264.00 (will be billed in 3 monthly payments October through December of \$88.00)
  - **Winter Session**                      Wednesday              1:00-3:00 p.m. (12 days)  
\$264.00 (will be billed in 3 monthly payments January through March of \$88.00)
  - **Spring Session**                      Wednesday              1:00-3:00 p.m. (10 days)  
\$220.00 (will be billed in 3 monthly payments April through June of \$73.00)
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### Enrollment:

Enrichment programs are filled on a **first come first served basis**, which means we fill the classes as the forms come in. You have the option to sign up for any or all sessions that you want, but please note you will be enrolled in the class(es) **only** for the sessions you checked on your form. We cannot assume what you might want, so be sure to be complete with your selections. Families can sign up for enrichment programs all year long and if the class is full you will be put on a wait list.

Children must be three by September 1<sup>st</sup> to be enrolled in the enrichment programs. We encourage families to sign up for enrichment at the beginning of the year even if your child will not be starting a class until Winter or Spring session.

We will notify families if there is not adequate enrollment to proceed with the class.



## **Cancellation Policy:**

There is a two-week cancellation policy and all cancellations must be done in writing to be released from payment obligation.